

Student Senate Eden Prairie- minutes

- I. **Call to Order: 12:05**
- II. **Introductions:**
- Executive Board members— Serhii, Nechytailo, Asani Ajogun, Yen Duong, Hakim Abduraman, Ericka Hulm
 - Student Senate Advisors— Jese Ledbetter, Sue Schmitz, Cheryl Benkofske
 - Senators— Ariel David, IT & Veterans Center; Aaron Allen, Dental Assistant; Alex Santiago, Dental Assisting;
- III. **Special Guests:**
- CDC—Handwashing information was given out.
- IV. **Approval of the Agenda:**
- a. Review of agenda:
- i. Hakim made a motion to approve the Agenda
 - ii. Yen seconds it
- Agenda Approved
- V. **Approval of the Minutes:**
- Review of minutes:
 - i. Hakim made a motion to approve the minutes
 - ii. Asani seconds itMinutes Approved
- VI. **Reports:**
- Student Senate:
- **Nominations are currently closed**
Asani A., Pharmacy Technology, nominated himself to be the next Senate President; Hakim A., Fluid Power, nominated himself for the Senate Vice-President position, Ariel D., IT, nominated himself for the Senate Treasurer position; the Secretary and Public Relations positions are still open; if you want to run for any of the open positions you need to be enrolled at HTC with the minimum requirement of 1 credit; attend an upcoming Student Senate Meeting and nominate yourself or have a friend nominate you for the position(s) of interest (you can run for two positions).
- EPC meetings:** February 19--Nominations; March 4--Close nominations; March 25--Candidate speeches
- Clubs;
Fluid Power Club has merchandise available (sweaters, t-shirts, hats, etc.); Fluid Power 1st. and 2nd. year students were also planning on going on a touring-company in Bloomington, but got canceled due to the latest stay-at-home orders
 - Committees; IT— Faculty keeps getting training/workshops on how to keep the same terminology on the D2L page and the syllabus as well; the committee is also helping faculty who want to add more on-line classes to their programs; If you want more information about IT Committee, check the power points for more details.
- VII. **Old Business:**
- Hennepin Technical College Fiscal Year Budget 101 Proposed Increase
 - Student Life/Fitness Center Fee; (hand outs on the back)

Keys to Success: HTC Fitness trainer, Tyler, gave a presentation and his personal story on Self-care; he shared mindful strategies on how to cope with depression and anxiety, and one of the first steps that he recommends is to be comfortable when talking about our feelings; some of the strategies that he has used and worked for him are:

04 March 2020

- Going for a walk
- Drinking lots of water to help the digestive system
- Being intentional in doing good things for our body and mind
- Doing things that bring us joy
- Sleep enough hours to recover from long days, especially if we are practicing any sports or any other kind of physical training
- Thinking positive
- Reading and journaling our thoughts, feelings, accomplishments, etc.,

Final advice from Tyler: We need to have an armor to go into war and combat negative things around us; if we're not prepared, we might stay on the same spot for a long time; if we take proper care of ourselves then we can take care of the ones we love the most;

VIII. **New Business:**

IX. **Good of the Order:**

X. **Announcements:**

- i. E-mails concerning HTC scholarships have been sent out, please take advantage of this big opportunity and support that can help your career now and in the near future.

XI. **Adjournment: 12:35**

/-----Original Signed-----/

Serhii Nechytailo
President

/-----Original Signed-----/

Ajogun Asani
Vice President